

William Morris Primary School – School Lunch Menu Spring/Summer 2024

Menu Week 1	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
Meat/Fish Dish	Pork sausage roll with oven baked potato wedges	2 4	Beef and hidden lentil Bolognese with penne pasta and garlic bread	2 7	Roast chicken with sage and onion stuffing and roast potatoes	2 14	Mild Chicken Korma with rice and naan bread	2 7	Jumbo fish fingers with oven baked skin on fries	2 5 7 9
Vegetarian Dish	Mexican bean vegan roll with oven baked potato wedges	2 9	Quorn and hidden lentil Bolognese with penne pasta and garlic bread	2 7 13	Cheese and tomato pin wheels and roast potatoes	2 7 14	Mild sweet potato and chickpea curry with rice and naan bread	2 7	Margarita pizza with oven baked skin on fries	2 7
Jacket Potato	JP with Cheese and/or beans	7	JP with Cheese and/or beans or tuna mayo	4 5 7	JP with Cheese and/or beans	7	JP with Cheese and/or beans or tuna mayo	4 5 7	JP with Cheese and/or beans	7
Vegetables	Salad crudities.		Seasonal vegetables		Seasonal vegetables		Mixed salad		Beans or peas	
Cheese Sandwich Packed lunch	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12
Ham Sandwich Packed Lunch	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12
Dessert	Frozen yoghurt	7	Fruity flapjack	2	Selection of seasonal fruit		Strawberry Angel Delight	7	Organic fruit lolly with vegetables	

Allergen Key:

Bread is also offered each day with each meal (containing allergens 2 and 13)

1 = Celery and Celeriac e.g., stalks, seeds and leaves	3 = Crustaceans	6 = Lupin Seeds and Flour	9 = Mustard	12 = Sesame Seeds
2 = Cereals containing Gluten e.g., wheat, rye, barley, oats	4 = Eggs	7 = Milk	10 = Other Nuts, e.g., walnuts, cashews, pecan, Brazil, pistachio,	13 = Soya
	5 = Fish	8 = Molluscs	11 = Peanuts	14 = Sulphur Dioxide and Sulphites

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Menu Week 2	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
Meat/Fish Dish	Crispy chicken burger oven baked skin on potato wedges	2 12	Creamy pesto chicken pasta with garlic bread	2 7	Roast gammon with Yorkshire pudding and roast potatoes	2 4 7 14	Mildly spiced morroccan meatballs with cous cous and pitta bread	2 9 13	Fish fingers with oven baked skin on fries	2 5
Vegetarian Dish	Crispy vegetable burger with oven baked skin on potato wedges	2 12	Macaronni cheese with garlic bread	2 7	Quorn sausage with Yorkshire pudding and roast potatoes	2 4 7 14	Falafels braised in a tomato sauce with cous cous and pitta bread	2 9 13	Cheese and bean puff with oven baked skin on fries	2 7
Jacket Potato Option	JP with Cheese and/or beans	7	JP with Cheese and/or beans or tuna mayo	4 5 7	JP with Cheese and/or beans	7	JP with Cheese and/or beans or tuna mayo	4 5 7	JP with Cheese and/or beans	7
Veg	Salad crudities		Mixed salad		Seasonal vegetables		Seasonal vegetables		Whole wheat pasta hoops and peas	2
Cheese Sandwich	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12
Ham Sandwich	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12
Dessert	Waffle	2 4 7	Strawberry jelly		Chocolate and beetroot cake	2 4	Selection of seasonal fruit		Milk lollies	7

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		13								
Menu Week 3	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
Meat/Fish Dish	Cajun chicken wraps with oven baked herby potatoes	2	Pepperoni pizza With oven baked skin on potato wedges	2 7	Roast chicken with pork chipolata sausage and roast potatoes	2 14	Beef Lasagne with garlic bread	2 7	Salmon fish fingers with oven baked skin on fries	2 5
Vegetarian Dish	Cheese and tomato omelette with oven baked herby potatoes	4 7	Margarita pizza with oven baked skin on potato wedges	2 7	Cheesy vegetable vol-au-vent with roast potatoes	2 7 14	Tomato pasta with hidden vegetables, penne pasta and garlic bread	2 7	Crispy vegetable fingers with oven baked skin on fries	2
Jacket Potato	JP with Cheese and/or beans	7	JP with Cheese and/or beans or tuna mayo	4 5 7	JP with Cheese and/or beans	7	JP with Cheese and/or beans or tuna mayo	4 5 7	JP with Cheese and/or beans	7
Veg	Mixed salad		Salad crudities		Seasonal vegetables		Seasonal vegetables		Baked beans or peas	
Cheese Sandwich	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12	Cheese roll with raisins and salad crudities	2 7 12
Ham Sandwich	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12	Ham roll with raisins and salad crudities	2 12
Dessert	Seasonal fruit		Iced buns	2 12	Frozen yoghurt	7	Cookies	2	Ice cream	7

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