



**Executive Headteacher: Mrs J Fraser**

William Morris Primary School  
William Morris Way  
Tadpole Garden Village  
Swindon  
Wiltshire  
SN25 2PP

**Date: 31st January 2025**

# Newsletter

Dear Parents and Carers,

We have had a busy fortnight, especially today with the Explorer Dome providing a great experiences for the year 3 and year 5 classes. The year 3 children visited saw some of the great natural habitats of Earth and the year 5 children explored our planet, moon, sun and solar system. As the hall was in use for the day, we had an outdoor lunch with the music playing which the children really enjoyed.

Have a lovely weekend,  
Mrs Fraser, Headteacher



## **Mental Health Week**

Next week (3rd-9th February) is Children's Mental Health week. Place 2 Be have teamed up with Disney's Inside Out 2 and the theme is 'Know Yourself, Grow Yourself'. We will be having an assembly all about this, thinking about what makes us happy and how we know if we are sad. <https://www.childrensmentalhealthweek.org.uk/families/> have resources for families at home.

Lighthouse, Blue Kite's Early Intervention Service, will also be coming in to run a whole school assembly on resilience. All schools across the Trust will also be practicing guided breathing or relaxation in classes this week. Check Mrs Day's SEND page and the flyer at the end of this letter for suggestions you can try at home.

## **School Council & Blue Kite Trust Pupil Parliament**

It has been a busy term for school council. We looked through the new school menu and gave feedback on upcoming choices. Additionally, the councillors gave suggestions for future menus. This week, the school council discussed which charity they would like to support this year. They had an excellent discussion around the merits of each charity and why they believed we should support each one. Ultimately, they voted to support the Wiltshire and Bath Air Ambulance. Next week, we will meet to discuss fundraising ideas that they can organise.

This week has also seen the launch of a new initiative by Blue Kite Trust of a Pupil Parliament. The idea is that this will be a school council across the whole trust, with representatives sharing ideas and discussing policies and projects that could be implemented across the trust. Each school had to appoint a Chair and Vice Chair from the oldest members of their school council. We are pleased to announce the appointment of Victoria as Chair and Logan as Vice Chair after interviews with Mrs Fraser and Mr Price—Congratulations!

Mr Boothroyd

### Online Safety Blog

Please use this link to read a very informative online safety blog which includes information about the safety of Minecraft and Whatsapp [Online safety blog | NSPCC](#)

### How to Take an Inhaler

We have a number of children who have been prescribed inhalers. It is important that these are taken correctly to ensure maximum effect if asthmatic symptoms arise. This link provides videos on how a variety of inhalers should be used and is shared on the NHS website:

<https://www.asthmaandlung.org.uk/living-with/inhaler-videos>

### Group Work

Our main goal at William Morris is to support child in reaching their highest potential. Therefore part of teaching and learning includes supporting children in smaller groups to progress or consolidate learning. We have developed spaces for children to work in a quieter area, this includes working in the corridor pods in small groups or 1-1 with an adult.

Children are asked to work outside of the classroom for a variety of reasons which include:

- To develop more challenging skills working towards 'greater depth'
- To consolidate or have extra time to practise new concepts
- To have additional support to work towards age related expectations

If you have questions about your child's learning, please feel free to chat informally during Open House sessions or at parents evenings.

### Youth Sessions

Please see the posters at the end of this letter if you are interested in free youth sessions that are currently offer across Moredon and Pinehurst.

## Gold Book

Well done to all of the children who were in the Gold Book last week — we are very proud of you and your achievements!



Golden Welly: was awarded to a group of children in Y5 who created a theatrical performance which drew a great crowd!

# FAMILY FOUNDATIONS

With Lighthouse



A SIX WEEK COURSE  
HELPING FAMILIES TO  
CREATE A MORE  
HARMONIOUS HOME

**WHERE:** FERNDALE PRIMARY SCHOOL, SN2 1NX

**WHEN:** TUESDAYS, 9-11AM, 25TH FEBRUARY- 1ST APRIL

**WHAT:** PRACTICAL IDEAS AND STRATEGIES TO SUPPORT  
BEHAVIOUR, RELATIONSHIPS AND HAPPINESS AT HOME

TO BOOK A SPACE OR FOR MORE INFORMATION  
PLEASE CONTACT [GWOLLEN@BLUEKITETRUST.ORG](mailto:GWOLLEN@BLUEKITETRUST.ORG) OR  
[VDAVID@BLUEKITETRUST.ORG](mailto:VDAVID@BLUEKITETRUST.ORG)

Follow our Instagram page for dates of other courses and  
general family life tips on [@lighthouse\\_bluekitetrust](https://www.instagram.com/lighthouse_bluekitetrust)

# SEND Newsletter

Dear Parents and Carers,

Being a parent of a child with additional needs can be the most rewarding but also isolating experience. I would therefore like to run termly '**Coffee and Catch-up**' sessions. I will be on hand for any questions.

These will be:

- a safe and supportive space to talk about the highs and lows of SEND parenting
- a chance to chat with other SEND parents who get it

These will only be successful if they are attended by as many of our fantastic parents as possible. Following on from my survey, the best time is **Monday 10<sup>th</sup> February, 2pm**. You are welcome to bring younger siblings. My hope is that, if these are a success with regular attendance, I can contact outside speakers to come along too.

## *Children's Mental Health Week*

Next week (3<sup>rd</sup> – 9<sup>th</sup> February) is [Place 2 Be's](#) Children's Mental Health Week. The theme is 'Know Yourself, Grow Yourself'. You can click [here](#) for more information.



I would also like to take this opportunity to draw your attention to our school's website and our '[Mental Health and Wellbeing](#)' page. It has videos as well as links to policies, websites and resources, to support both child and adult mental health.

To mark children's mental health week at home, you might like to try one of these suggestions from our Lighthouse Early Intervention Team!



- Hot Chocolate breathing - imagine you are holding a mug of hot chocolate. Take a deep sniff and then blow carefully to cool it down!
- Cross your arms and give yourself a big hug whilst taking a deep breath.
  - Rub your hands together until they are warm, put them on your eyes and take 5 deep breaths.
  - Grounding - look for 5 things of a certain category, e.g. 'Can you see 5 things that are noisy?'



Yours, Mrs Day (SENDCo)



# COFFEE & A CATCH-UP



All about SEND!

## Who?

Anyone and everyone! Whether you have children with SEND at the school, experience of SEND in your family or are just looking to find out a little bit more, please pop along! Younger siblings welcome to attend, under parental supervision.

## Why?

- a safe and supportive space to talk about the highs and lows of SEND
- a chance to chat with other SEND parents who get it
- find out more about the school's SEND policies and processes
- Mrs Day will be on hand for any questions - specifically about your child or in general

## What and where?

Monday 10th February, 2pm at William Morris Primary School.

Please email ([send@williammorris.bluekitetrust.org](mailto:send@williammorris.bluekitetrust.org)) and let me know if you are able to come so we know there is enough interest (and enough cake!).



# Parents and Friends of William Morris Newsletter

## This week's news...

### UPCOMING EVENTS

February 1st Batik Workshop  
February 14th Circus Cover Competition  
March 7th Brush Party  
April 4th Bake Sale  
April 25th Crazy Hair Day  
May 5th School Fete and Circus  
June 20th Sponsored Event  
June 20th Ice Cream Van  
July 22nd Summer Disco



## Brush Party

With Samantha  
Friday 7th March  
19:00 - 22:00

For more information  
Please see the poster attached

£33pp



Do you work for Nationwide Building Society? If so, you are entitled to give £50 to your chosen charity. We would be so grateful if you chose us as your charity. Search for Parents & Friends of William Morris in My Social Impact.

### Parents and Friends of William Morris 2024/2025 Fundraising

£1,860

- Batik Workshop £323
- Glamorose Cake van £34
- Grotto £298
- Carol Concert £78
- Christmas Disco £574
- Costume Sale £49
- Bags2school £53
- Bake Sale £250
- Cuddly Toy Sale £140
- Preloved School Uniform £41
- Oana's Cakes £20

[STAMP]  
tastic.

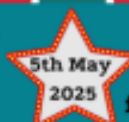
<https://bit.ly/STAMPSN252PP>

Don't forget to label uniform.

Buy a name stamp from here and the PTA get a donation  
PTA CODE : SN252PP



Early Bird Tickets  
£10  
Under 2's Free



Please see the attached poster for more information

As always, thank you so much for your support. All proceeds from our events go straight back to the school to provide equipment and resources.



# Brush Party

*With Samantha*

*Is coming to William Morris*



Friday 7th March  
19:00 - 22:00  
£33pp

Includes all materials and snacks



*Dandelion Dream*

Join Brush Party with Samantha and  
Parents & Friends of William Morris.

Get creative and experience a great night out!

Samantha will walk you through creating your own  
Dandelion Dream masterpiece.

You don't need to bring anything except your favourite tipples.  
Use the QR code for more information and to book your tickets.

Registered charity no.  
1203063



All profits will go to the  
school to support developing a new  
area for the Nurture Nest.







# CIRCUS FAMILY FUN DAY

## HAPPY'S CIRCUS & SCHOOL FETE

Early  
Bird Tickets  
**£10**  
Under 2's Free

All proceeds from  
the event will go  
straight back to  
the school to  
provide equipment  
and resources



### 5th May 2025

Entertainment awaits with  
Happy's Circus visiting William  
Morris on the 5th of May.

Come and enjoy our Fete beforehand,  
with lots of different stalls ran by  
the School. Why not grab some  
Lunch from food vendors or some  
snacks for the show! Get your Tickets  
for the Circus via the QR code.

No ticket is needed for the Fete.

**Fete Open to all**  
(No Ticket Needed)

**11:30 - 13:30**

**Happy's Circus**

**Doors open 13:30**

**Starts At 14:00**

[www.happyscircus.co.uk](http://www.happyscircus.co.uk)





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# School Diary

## February

Sat 1st PTA Batik workshop

Mon 10th 2:00pm SEND Coffee and Catch Up

Fri 14th PTA Circus cover competition

Fri 14th Last day of term

Friday 14th 2:00 Open house

Friday 14th 2:00—Y1 and Y3 Fab Finishes

Mon 24th Feb—TD Day—School closed to children

Tues 25th Feb—First day of term 4

## March

Mon 10th—Science week

Mon 10th—Wed 12th Y4 Residential

Mon 17th—Y4 Sports, Stripes and Scales workshop

Tue 25th —Y5 Sports, Stripes and Scales workshop

Fri 21st —Red nose day

Fri 21st —Class reps meeting

Mon 24th —Reception Infant

## April

Fri 4th —PTA bake sale

Fri 25th —PTA Crazy hair day

## May

Mon 5th PTA School fete and circus

## June

Fri 20th PTA sponsored event

Fri 20th PTA ice cream van

**INSET TD DAYS—school closed to children:**

24th Feb 2025

23rd May 2025

4th July 2025

[New dates in red]

Don't forget our online **social media accounts:**

Facebook—William Morris Primary School

Instagram—williammorrisprimary

## Nursery - Poppy and Daisy Classes

### What have we been learning in Nursery?



We have had two busy weeks in nursery spending a second week focussing on 'We're Going on a Bear Hunt' and a week learning about Lunar New Year. During our Lunar New Year week, we read the story behind the zodiac and how the different years came to be named after different animals. The children were very shocked at how mean the rat was and why that means there is no year of the cat. Throughout the course of the week the children made Chinese lanterns, drew lion dragons and tasted a variety of Chinese food. The noodles and spring rolls went down particularly well with the children really enjoying them:)

The children also made amazing dragon masks and we used these in our PE lesson to create our own dragon dances. We took it in turns to make a long dragon and had great fun making the dragon dance high and low. They have been amazing at getting changed independently this week, please keep working on this with them at home as it is really starting to pay off.

#### Reminders-

- All uniform must be named, including water bottles.
- Can you please make sure your child has a PE kit in school, if you are unsure please check with the class teacher.
- Please make sure children leave toys at home, we don't want anything precious to get lost or broken by accident.

Thanks for your continued support, The Nursery Team





## Nursery - Poppy and Daisy Classes



DRAGON HEADS FOR DANCING...



PIC•COLLAGE



LUNAR NEW YEAR DRAGONS AND WRITING



PIC•COLLAGE



YUMMY FOOD TASTING



PIC•COLLAGE



CHINESE FOOD TASTING



PIC•COLLAGE



## Reception - Sunflower and Bellflower Classes

### What have we been learning in Reception?



Term 3 is flying by, and we have been extremely busy with our learning.

In Literacy, we have been developing our Talk for Writing skills with the story of The Little Red Hen. We're learning the story by heart using the actions and will go on to innovate our own story maps changing the main characters next week. We have been working hard on daily sentence writing and using our phonic knowledge to write independently. We have enjoyed making shopping lists of ingredients and were very excited to make our own bread rolls this week. The children thoroughly enjoyed eating them for snack on Wednesday!

In Maths we have been continuing working on numbers to 15, we are so impressed by how well the children understand the concept of tens and ones. We are seeing them begin to use their maths skills in their independent play and games.

The children have used their fantastic imagination to create artwork linked to the Lunar new year. We have enjoyed finding out about the special celebrations taking place around the world.

Thanks for your continued support,

EYFS team :)

#### Reminders:

- Please ensure all clothing is named, we know the children are growing and we are finding lots and lots of clothes unlabelled – this makes changing from PE clothes into school clothes a bit difficult.
- Please ensure that you record all reading (Little Wandle, library and other books) and phonics practise at home. Lots of children have now received their first reading bookmark awards and it would be fantastic to see more children achieving them this term in our Friday assembly. For children to make good progress with phonics and achieve fluency when reading they must be reading at home at least x5 a week. Little and often is best.
- Please ensure that your child has spare socks in school – we are running low of our school supply. Please return any school items that your child has borrowed.





## Reception—Bellflower and Sunflower Classes





## Year 1 - Lily and Tulip Classes

### **What have we been learning in Year 1?**

Year 1 have been super busy with their learning for the past two weeks and have so much to share with you.

In English, we have continued to learn the story of Traction Man and we have been acting it out together as a whole class using our talk for writing actions. We have then been busy innovating the story to make it our own. We had to change three different characters in the story, add these into our story map and we have been writing our own vision making sure we have been using all of our writing skills. We have added adjectives in to make it super interesting to read to describe our new characters.

In Maths, we have been learning about addition. We have continued recognising how parts combine to make a whole and learning how to represent this in equations (eg.  $4 + 2 = 6$ ). When describing the equations we have learned the technical phrases 'addend + addend = sum'. We have been exploring the part part whole model and solving problems within these. Now we are beginning to explore subtraction using our knowledge of part part whole.

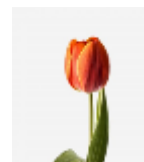
This week we have been super excited to start our cookery topic for this term. The children have been looking at healthy wraps that we might find in a supermarket. We have looked at the packaging, how easy they are to hold and eat and what different filling they had inside. We have then moved onto different cooking skill such as, chopping, tearing, grating and slicing. We have prepared a range of different fruits and vegetables practising these skills, we then used them in our healthy salad at the end of the week. The children had great fun in designing and creating their own superhero wrap. They had to use the skills they had learnt at the beginning of the week to prepare their foods and then choose 3 ingredients to go inside their superhero wrap.

Please continue to read with your child at home and write in their reading records. Your support at home with reading really does make a difference.

**PE Kits-** Please ensure your child's PE kit is in school and is complete. Please also make sure everything is named.

Thank you for the continued support and we are looking forward to the exciting term ahead.

Year 1 Team :)





## Year 1 - Lily and Tulip Classes





## Year 1 - Lily and Tulip Classes





## Year 2 - Clover and Willow Classes

### What have we been learning in Year 2?



We can't believe we are halfway through the term! Time is flying and the children are working so hard across all areas of the curriculum to rise to the challenge of Year 2 expectations.

English – Over the last week, we have been writing innovated reports about Kings and Queens, adapting the model text about King Morris of Tadpole. We have been including the range of skills that we have been practising this term such as co-ordinating and subordinating conjunctions, expanded noun phrases and commas in a list.

Maths – We have been looking at using arrays to complete multiplication problems using 2's, 5's and 10's. We have also been looking at division and using counting in groups of a number to help us divide numbers efficiently. Continuing to practice counting in 2's, 5's and 10's at home will really help the children and increase their confidence with multiplication and division. We also used the Indi robots to learn about position and direction which was great fun!

Science – We have continued our topic – 'Human survival'. We have set up an experiment in our classrooms to help us understand the importance of good hygiene and how germs spread, we are patiently waiting for some bacteria to start growing. We also conducted an experiment to see the effectiveness of soap. The children were amazed to see the reaction germs have to soap :)

Topic - We have learned about several different monarchs who have had significant impact on England and its history. The children were fascinated when finding out about the eventful lives of Alfred the Great, William the Conqueror, Henry VIII, Elizabeth I and Queen Victoria.

Art- In art we have been developing our sketching skills, we trailed 10 different techniques before applying them to sketch a castle. We were super proud of our work and enjoyed listening to calming music whilst we sketched.

PE- We have been loving our PE unit of gymnastics this term, we have been able to transfer our gymnastic positions that we have been practising onto apparatus and into routines. The children have enjoyed coaching each other and performing their newfound skills to the year group.

We hope you have a lovely weekend,

The Year 2 Team :)





## Year 2 - Clover and Willow Classes



Paired reading!  
Peppy and  
Clover class



## Year 2 - Clover and Willow Classes



CROWNS FOR  
*Alfred the Great*

PIC•COLLA



PIC•COLLA

## Year 3 - Honeysuckle and Rose Classes

### **What have we been learning in Year 3?**



Firstly, thank you to everyone for their support for our local walk. The children had an amazing time even though we were only walking around Tadpole. They were fantastic at spotting human and physical features which led to some very interesting conversations around how this can differ when you are in an area of new development. We also used the opportunity to identify different forces at the pond and in the play park where the children showed some great curiosity and prior science learning to help them explain what was happening.

In maths we have had a fantastic few weeks looking at column addition and regrouping which the children have taken too very well. We are now moving on to subtraction over the next few weeks.

We have now finished our narratives in English and the children have shown great skills in writing a 5-part story and punctuating speech which can be a very difficult skill to master. We have enjoyed reading their imaginative ideas that come to life in their stories.

This week we also had another fantastic visitor from the David Shepherd Wildlife foundation. The children really impressed us with their engagement and enthusiasm so much so the visitor commented on their behavior to staff. The children created their own African or fantasy creatures and they loved the wealth of craft resources that they were able to use.

Within our topic we have been talking a lot about helping our local environment. Fair trade has been an organization we have been looking at in lessons, to be able to understand this in more depth we had a really fun afternoon in which we played the 'banana game'. In this game the children turned into farmers and had to produce the perfect bananas for wholesale, Ms Jenkins the buyer was very strict on what she needed the product to look like. It was such a fun but interesting game, and the children were quite fascinated to learn the conditions that farmers around the world can be working in.

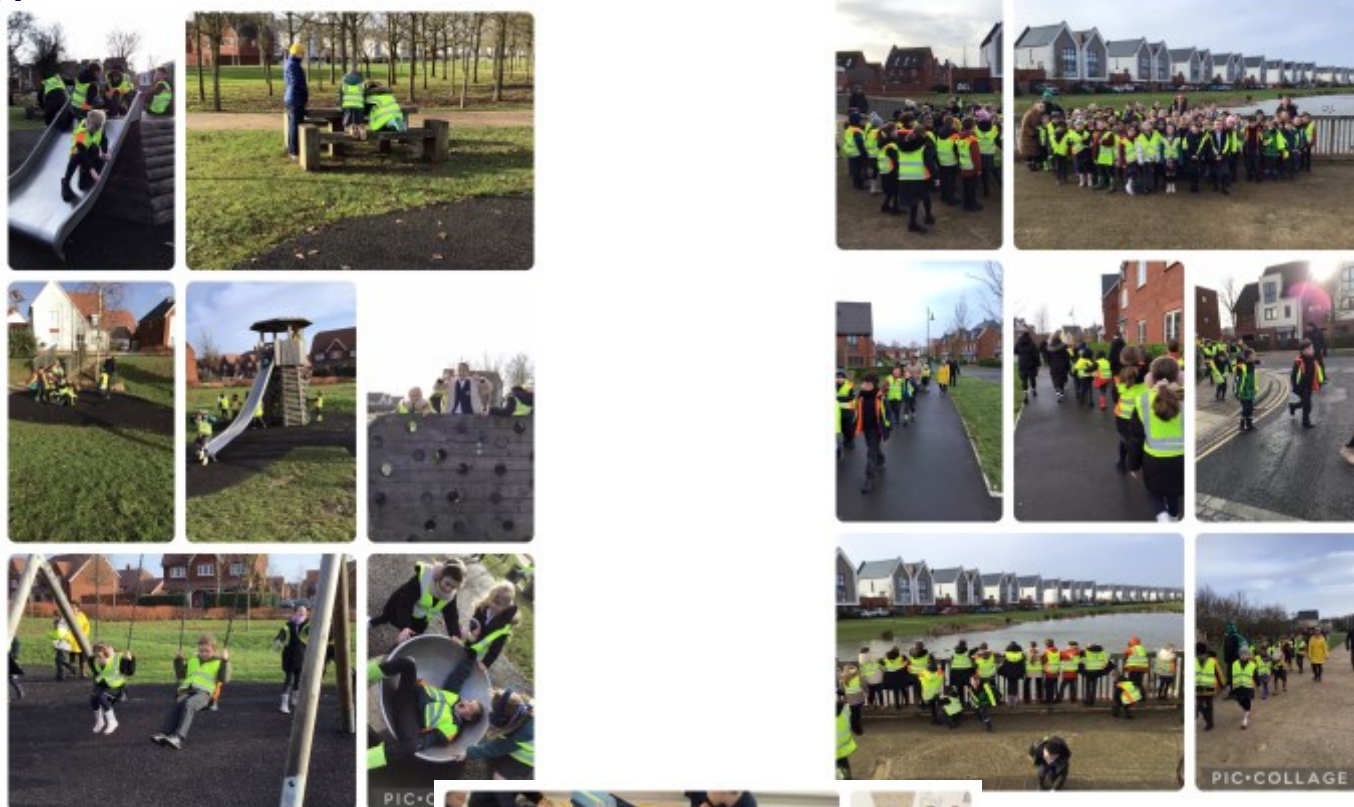
Over the next 2 weeks we are beginning to work on some eco projects ready for our fab finish at the end of this term. We look forward to seeing as many of you there as you can.

Year 3 Team





## Year 3 - Honeysuckle and Rose Classes



### Year 4 - Apple and Blackberry Classes

#### What have we been learning in Year 4?



We've had another busy fortnight in Year 4!

In English, we have been writing our innovated stories based on the tale 'Beowulf'. The children have really enjoyed creating their own monsters and using lots of different techniques to describe them. We have challenged the children to 'show, not tell' the reader what their character is like and we have also revised how to punctuate speech correctly. We can't wait to read the children's innovated stories.

The children have impressed us so much in maths this term. We have been learning the formal column method - first for addition, and now for subtraction. As the lessons have steadily become more challenging, the children have shown us their focus and determination when practising the method and are all having lots of success with it!

In science, we have been exploring the inside of plugs, even taking them apart to see where the different wires go and learning what their purposes are. The children were very good at understanding and explaining safety measures with plugs and plug sockets and knew that certain materials were used deliberately as insulators.

This week, we have been learning about Lunar New Year. We enjoyed finding out about the different animals in the story of the Zodiac and we made our own paper dragons.

#### **The Year 4 Team**





## Year 4 - Apple and Blackberry Classes



## Year 5 - Thistle and Acorn Classes

### **What have we been learning in Year 5?**



#### **Planets and the Moon!**

We have been diving into the fascinating movements of the Moon and its relationship with Earth, as well as how our planet orbits the Sun. Our research led us to explore a range of questions about the Moon, from its phases and the effect it has on Earth's tides, to its role in the wider solar system. We also uncovered some incredible facts about other planets and their moons. For example, did you know that some planets have dozens of moons, while others like Venus and Mercury have none? As we learned more, we discovered that the Moon's orbit around Earth is just one of many captivating journeys in our solar system, with each planet following its own unique path around the Sun.



#### **Crater Formation!**

As part of their science investigation, pupils explored how craters form on planets! Using flour to represent the planet and plasticine to simulate impact craters, they created, weighed, and measured the height and width of each crater. Through their experiment, they discovered that the heaviest object dropped from the highest point created the largest crater. In space, craters are formed when asteroids, comets, or meteorites collide with a planet or moon, leaving behind circular depressions. Since there is no atmosphere to cause weathering on many celestial bodies, craters can remain visible for millions of years, providing scientists with clues about the history of our solar system!



## Year 5 Thistle and Acorn Classes



## Year 5 Thistle and Acorn Classes

### Super Moving in Year 5!

At William Morris, we've been working hard to incorporate extra movement into our learning to get our brains firing and our bodies energized! Whether it's during quick quizzes or finding partners across the room to share our answers with, we're staying active and engaged. One of our favourite activities has been doing star jumps while saying our answers out loud – it's a fun way to keep our minds sharp and our hearts pumping :)





### Year 5 Thistle and Acorn Classes

#### Problem Solving in Maths!

This week, we have been exploring strategies for solving tricky problems and identifying the correct operations to find the answers. We encourage you to practice with your child at home, helping them break down questions and understand what they are asking. Your support can boost their confidence and problem-solving skills—have a go!



4. KeePuppI is earning money.  
He earns £168 per week for a year.  
He is aiming to earn £9000  
How much more does he need to earn to reach his target?



5. A football match has 7546 spectators.  
Tickets cost £36 each.  
The team have a target of £275,000  
How much short of their target are they?



6. Coco has a bag of luxury bird seed weighing 4.788kg.  
She eats 9g of luxury seeds for her evening snack.  
How many weeks will the sack of luxury seed last?



# What Parents & Educators Need to Know about

**SNAP STREAK**

**97**  
DAYS

# SNAPCHAT

AGE RESTRICTION  
**13+**

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

## WHAT ARE THE RISKS?

### ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

### PREDATORS AND SCAMS

Predators can exploit Snapchat's disappearing messages by, for example, telling a user they have naked photos of them and will post them unless they're paid. Snapchat's own research found that 65% of teenagers had experienced this – on this app or others. This likely isn't helped by 'SnapMaps' – a feature which highlights your exact position in real-time. This is meant to help friends keep track of each other, but could be used for more sinister reasons.

### MY EYES ONLY

Snapchat has a hidden photo vault called 'My Eyes Only'. Teens can conceal sensitive photos and videos from parents and carers in this folder, which is protected by a PIN. You can check for this by clicking on the icon which looks like two playing cards. This takes you to the 'Memories' folder which stores photos, stories and the My Eyes Only folder.

### SCREEN TIME ADDICTION

Snapchat prioritises user engagement, with features like streaks (messaging the same person every day to build up a high score). The app also has sections called 'Discover' and 'Spotlight', which show tailored content to each user. However, this could also be seen as an attempt to hook users into watching videos endlessly. Furthermore, constant notifications can lure people into using the app.

### INAPPROPRIATE CONTENT

Some content on Snapchat simply isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

### ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body image expectations – creating feelings of inadequacy in younger users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

## Advice for Parents & Educators

### UTILISE PARENTAL CONTROLS

Snapchat's 'Family Centre' lets you view the details of the child's account – their friends list and who they've spoken to in the last week – and report any concerns. You must invite a child to the Family Centre for them to join. To keep the child's location hidden on the app, go into settings and turn on 'Ghost Mode' and 'Hide live location', and ensure they know not to share their location with anyone.

### BLOCK AND REPORT

If a stranger does connect with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, the child can tap the three dots on that person's profile and report or block them. There are options to state why they're reporting that user – such as annoying or malicious messages, spam or masquerading as someone else.

### FAMILIARISE YOURSELF

Before you allow a child to download Snapchat, download it yourself and familiarise yourself with the app. Snapchat has produced a parents' guide to the app to help you understand how it works and any protections they have in place. A link for this can be found in the sources below.

### ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. For example, discuss My AI's responses to questions and how reliable they are. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat-2021>

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 27.11.2024



# Neurodiversity Parent 101:

## Why is my child different at home and at school?

Do-IT>

### What is different about home and school?

#### At school

- Your child has to manage far more interactions with other children and teachers.
- They have to cope with more change. Changing lessons, different expectations from different teachers, changing the room they are in, changing clothes for example. All these changes can be stressful especially if some of the tasks your child is doing are harder for them.
- Your child has to make more effort to stay focused and concentrate and there are more distractions that make that harder for them.



#### At home

- Your child can often choose what they do, when and where they do it.
- You will compensate for their behaviour in a way a school doesn't have time and may not understand your child in the way you do.
- If your child is tired you will usually be more patient – teachers and children may not be as patient.
- Your child may have managed to 'hold it together' while they are in school because they don't want to lose friends and then 'let it all go' when they get home because they know it's a safe space to do so.
- Providing 'down time' with your child at the end of a long and tiring day may help or encouraging them to take some exercise.



# TIPS FOR FAMILIES

Place2Be's

**CHILDREN'S  
MENTAL HEALTH  
WEEK**

## 1 Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

## 2 Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

## 3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

## 4 Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

## 5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)







Parish Council

**FREE ENTRY**

# Inclusive Youth Activities

Accessible activity sessions for children with disabilities and/or additional needs; aged 8-14- **Parents/Carers will be required to stay.**

- Wednesday @ 17.15-18.00-  
Pinetrees Community Centre, Pinehurst
- Friday @ 16.00-16.45-  
Moredon Sporting Hub,  
Cheney Manor



## Regular Activities:

- Arts and Crafts
- Sports and fitness
- Pool
- Foosball
- Board Games
- And more...



**Limited spaces available, so please book by contacting:**  
[youthworker@centralswindonnorth-pc.gov.uk](mailto:youthworker@centralswindonnorth-pc.gov.uk)  
or call 07494 048 530

**FREE ENTRY**

# The Den

## Moredon Youth Club



### When:

Year 6-8: Tuesday @ 3.30-5.00  
Year 9-11: Thursday @ 3.30-5.00

### Where:

Moredon Sporting Hub, Cheney  
Manor Industrial Estate



### Regular Activities:

- PS5
- Nintendo Switch
- Arts and Crafts
- Pool
- Foosball
- Table Tennis
- Board Games
- And more...



### Contact:

[youthworker@centralswindonnorth-pc.gov.uk](mailto:youthworker@centralswindonnorth-pc.gov.uk)  
for further information



**MOREDON**  
SPORTING HUB



**FREE ENTRY**



# Friday Youth Football

**Who:**

Open to all young people, aged  
11-18

**When:**

Every Friday (term-time only) @  
17.00-18.00

**Where:**

Moredon Sporting Hub 3G Pitch,  
Cheney Manor Industrial Estate

- Sessions are supervised by Soccer Excellence coaches.
- This is a turn-up and play session, so no pre-booking is required.
- Attendees are required to wear appropriate sports clothes and moulded stud boots and bring their own footballs, as these will not be provided.



**Contact:**

[youthworker@centralswindonnorth-pc.gov.uk](mailto:youthworker@centralswindonnorth-pc.gov.uk)  
for further information



**MOREDON**  
SPORTING HUB